

Geboorte- jaar:	Leeftijdscategorieën volgens het lopende kalenderjaar:								
	2022	2023	2024	2025	2026	2027	2028	2029	2030
1968	senior	veteraan	veteraan	veteraan	veteraan	veteraan	veteraan	veteraan	veteraan
1969	senior	senior	veteraan	veteraan	veteraan	veteraan	veteraan	veteraan	veteraan
1970	senior	senior	senior	veteraan	veteraan	veteraan	veteraan	veteraan	veteraan
1971	senior	senior	senior	senior	veteraan	veteraan	veteraan	veteraan	veteraan
1972	senior	senior	senior	senior	senior	veteraan	veteraan	veteraan	veteraan
1973	senior	senior	senior	senior	senior	senior	veteraan	veteraan	veteraan
1974	senior	senior	senior	senior	senior	senior	senior	veteraan	veteraan
1975	senior	senior	senior	senior	senior	senior	senior	senior	veteraan
1976-1996	senior	senior	senior	senior	senior	senior	senior	senior	senior
1997	senior	senior	senior	senior	senior	senior	senior	senior	senior
1998	senior	senior	senior	senior	senior	senior	senior	senior	senior
1999	senior	senior	senior	senior	senior	senior	senior	senior	senior
2000	belofte	senior	senior	senior	senior	senior	senior	senior	senior
2001	belofte	belofte	senior	senior	senior	senior	senior	senior	senior
2002	belofte	belofte	belofte	senior	senior	senior	senior	senior	senior
2003	belofte	belofte	belofte	belofte	senior	senior	senior	senior	senior
2004	belofte	belofte	belofte	belofte	belofte	senior	senior	senior	senior
2005	junior	belofte	belofte	belofte	belofte	belofte	senior	senior	senior
2006	junior	junior	belofte	belofte	belofte	belofte	belofte	senior	senior
2007	junior	junior	junior	belofte	belofte	belofte	belofte	belofte	senior
2008	aspirant	junior	junior	junior	belofte	belofte	belofte	belofte	belofte
2009	aspirant	aspirant	junior	junior	junior	belofte	belofte	belofte	belofte
2010	aspirant	aspirant	aspirant	junior	junior	junior	belofte	belofte	belofte
2011	pupil	aspirant	aspirant	aspirant	junior	junior	junior	belofte	belofte
2012	pupil	pupil	aspirant	aspirant	aspirant	junior	junior	junior	belofte
2013	pupil	pupil	pupil	aspirant	aspirant	aspirant	junior	junior	junior
2014	pupil	pupil	pupil	pupil	aspirant	aspirant	aspirant	junior	junior
2015	pupil	pupil	pupil	pupil	pupil	aspirant	aspirant	aspirant	junior
2016	pupil	pupil	pupil	pupil	pupil	pupil	aspirant	aspirant	aspirant
2017	pupil	pupil	pupil	pupil	pupil	pupil	pupil	aspirant	aspirant
2018	pupil	pupil	pupil	pupil	pupil	pupil	pupil	pupil	aspirant
2019	pupil	pupil	pupil	pupil	pupil	pupil	pupil	pupil	pupil
2020	pupil	pupil	pupil	pupil	pupil	pupil	pupil	pupil	pupil
2021	pupil	pupil	pupil	pupil	pupil	pupil	pupil	pupil	pupil
2022	pupil	pupil	pupil	pupil	pupil	pupil	pupil	pupil	pupil

Bereikte leeftijd in het lopende kalenderjaar:
55 jaar en ouder: veteraan
23 t/m 54 jaar: senior
18, 19, 20, 21 en 22 jaar: belofte (als subcategorie van de categorie senioren)
15, 16 en 17 jaar: junior
12, 13 en 14 jaar: aspirant
0 t/m 11 jaar: pupil